

# Maine Youth Suicide Prevention Program

[www.mainesuicideprevention.org](http://www.mainesuicideprevention.org)

## 2010-2011 Educational Programs At A Glance



**Maine Youth Suicide Prevention**  
Education, Resources and Support—It's Up to All of Us.

**For More Information  
See Reverse Side**

### **Gatekeeper Training**

A full-day training for adults in school and community settings designed to: 1) provide up-to-date information about suicide; 2) teach basic suicide intervention skills; 3) increase personal confidence and ability to effectively respond to suicidal behavior; and 4) identify helpful resources.

### **Training-of-Trainers**

#### ***Learn to Present a Suicide Prevention Awareness Session***

A 3.5 hour program available to those “gatekeepers” willing to facilitate 60 or 90 minute suicide prevention awareness sessions for co-workers and/or other community members. Easy-to-use packaged materials are provided. *(Gatekeeper training is a pre-requisite before enrolling in this training.)*

### **Lifelines Teacher Training**

#### ***Learn How to Teach Youth About Suicide Prevention***

A full-day training program for health educators and others who will implement Lifelines student suicide prevention lessons in the school health curriculum. These lessons are aligned with Maine Learning Results Health Education Standards. They are part of a research-based, field-tested program that has been evaluated in Maine. *(Gatekeeper training is a prerequisite before enrolling in this training.)*

### **Suicide Prevention Protocol Development Workshop**

The likelihood of schools or youth serving agencies encountering a suicidal youth is real and few events are more painful or potentially disruptive. Protocols provide guidance on steps to take in order to safely assist youth and staff by providing them with direction, structure and support. This on-line workshop is appropriate for schools and social service agencies.

### **Transition Teacher Training**

The Transitions Program is designed to help schools reinforce concepts presented in the Lifelines Program and to better prepare high school seniors for life after high school. These lessons review concepts presented in the Lifelines Training and add additional information that reflect the changes that students will soon be experiencing. **PRE-REQUISITE: *All attendees must have taken Gatekeeper Training AND work in a school that is implementing the Lifelines Program.***

### **Suicide Assessment for Clinicians**

The ability to conduct an informed suicide risk assessment is a vital skill for any clinician working with at-risk populations. This day-long workshop builds knowledge about suicide trends in high risk populations and takes you through the steps of suicide risk assessment, intervention and treatment options. Focus is on assessment skills across the lifespan. (For those working in clinical roles with youth or adults.)

### **Beyond the Basics of Suicide Prevention Conference VII** ***April 8, 2011***

This will be the seventh annual advanced level training for educators, clinicians, first responders, and other interested people. The keynote speakers this year are Thomas Joiner and Jodee Blanco (tentative). Planned sessions include bullying prevention, clinical practices and several topics of interest. Please plan to join us at the Wyndham South Portland Airport Hotel for this professional development opportunity!

# Registration Form—2010-2011

**Advance registration is required. Program enrollment is strictly limited.**

For more information on any of our conferences or trainings go to: <http://www.mcdregistration.org/registrations.asp>

**Register On-line:** [www.mcdregistration.org](http://www.mcdregistration.org)

**Fax:** (207) 622-3616

**Mail Form:** Medical Care Development  
Attn: Joanne De Campos  
11 Parkwood Drive  
Augusta, ME 04330

Name \_\_\_\_\_

Job Title \_\_\_\_\_

School/Organization \_\_\_\_\_

Work Address \_\_\_\_\_

Work# \_\_\_\_\_ Fax: \_\_\_\_\_

Email \_\_\_\_\_

(used for registration confirmation & participant list)

## Registration Questions? Call or E-mail:

Joanne De Campos (207) 622-7566, ext. 202  
[jdecampos@mcd.org](mailto:jdecampos@mcd.org)

**Payment** (payment is due no later than 30 days after event, purchase orders are accepted)

☐ Check \$ \_\_\_\_\_ payable to MCD enclosed  
☐ Charge \$ \_\_\_\_\_ to ☐ MasterCard or ☐ Visa  
Card Number \_\_\_\_\_

3-digit v-code (on back of credit card) \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

## PLEASE NOTE:

1. **Temperatures may vary at training facilities. Please dress accordingly.**
2. Other trainings will be scheduled throughout the year. It is recommended that you check the web-site periodically for additional dates.

## Gatekeeper Training ~ \$60

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> October 5	Belfast
<input type="checkbox"/> November 4	Bangor
<input type="checkbox"/> January 6	Portland
<input type="checkbox"/> March 8	Augusta
<input type="checkbox"/> May 5	Augusta

## Training of Trainers ~ \$30

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> October 13	Presque Isle
<input type="checkbox"/> December 2	Bangor
<input type="checkbox"/> February 10	Portland
<input type="checkbox"/> March 31	Augusta

## Lifelines Teacher Training ~ \$75

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> November 17	Bangor
<input type="checkbox"/> January 27	Portland

## Protocol Development ~ \$30

☐ NEW—now on-line

## Transitions Training ~ \$60

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> December 9	Bangor
<input type="checkbox"/> February 17	Portland

## Suicide Assessment for Clinicians ~ \$75

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> October 8	Lucerne
<input type="checkbox"/> December 10	Portland
<input type="checkbox"/> March 18	Augusta
<input type="checkbox"/> April 29	Houlton
<input type="checkbox"/> May 13	Brunswick

## Beyond the Basics of Suicide Prevention ~ \$85

<u>Date</u>	<u>Town</u>
<input type="checkbox"/> April 8	South Portland

## Confirmation & Cancellation

Confirmation and directions to the location will be sent approximately one week prior to the program. Look for them! We cancel if registrations number fewer than 15 or in the event of a major storm. We will make an effort to contact you. For information on cancellations call Joanne @ 622-7566, ext. 202.